

CAYLA SAMANO

RESUME

csamano83@gmail.com

caylarsamano.com

EDUCATION

Assoc. of Nature and Forest Therapy, (ANFT) Santa Rosa, CA
6/2016 - 1/2017

Forest Therapy Guide Training

- Intensive training week
- 6 month Mentored Practicum for certification
- Wilderness First Aid Certification, NOLS

Eastern Michigan University, Ypsilanti, MI
9/2004 - 5/2008

Bachelor of Visual Arts Education, K-12 Teaching Certification

- Minor in Drawing and Illustration
- Study Abroad Program "Greece and the Trojan War" 4/2004
- 6 months of student teaching
- Cumulative GPA 3.33
- MTTC Score: 250

Mott Community College, Ypsilanti, MI
9/2002- 5/2004

Associates of Fine Arts

- Majoring in Drawing, Art History, 2D Design
- Cumulative GPA 4.0
- Graphic Design Lab Assistant

WORK EXPERIENCE

Assoc. Of Nature and Forest Therapy

5/2017-present

Forest Therapy Guide Mentor

- Mentoring Guides-in-practicum
- Checking assignments online
- Leading monthly group calls

A2 Shinrin Yoku LLC, Ann Arbor, MI

1/2017-present

Forest Therapy Guide

- Creating a website, updating online booking, public advertising
- Leading public and private nature immersion walks
- Conducting interviews and nature connection outreach talks

Arbor Farms Market, Ann Arbor, MI

12/2018 - present

Assistant Produce Manager

- Creating and implementing processes for team efficiency
- Ordering produce, taking inventory, creating team schedules
- Stocking and merchandising product

Common Good Washtenaw, Ann Arbor, MI

12/2017- 1/2019

Director of Programs and Nonprofit Outreach

- Organized and executed member support programs
- Scheduled and planned fundraisers
- Designed print media, composed media postings
- Scheduled and led monthly volunteer meetings
- Researched and applied for nonprofit grants
- Coordinated outreach with community leaders

TEACHING EXPERIENCE

Ann Arbor Art Center, Ann Arbor, MI
8/2016-12/2018

Contract Art Teacher

- Designed curriculum for classes
- Taught adult classes in oil pastel landscapes, nature journaling, urban landscape drawing, and illustration

St. Francis of Assisi School, Ann Arbor, MI
9/2008 - 6/2016

Full Time Art Teacher

- Created K-8 curriculum meeting Michigan standards
- Taught art history, art criticism, art making and multicultural art practices
- Created and ran a multicultural Art Club for elementary students, including visit to UMMA
- Planned and guided 6-8th grade students in creating costumes and sets for Middle School Theatre Dept.

Hamtramck Charter Academy, Hamtramck, MI.
9/2008 - 6/2012

Full Time Art Teacher

- Created curriculum focusing on art history, art inquiry, art criticism, traditional and contemporary artists, and art making
- Taught art to K-8th grade students
- Started a Middle school Art Club, visited DIA
- Guided middle school student groups in creating art and dance performances for Multicultural Day

PUBLICATIONS

Samano, Cayla (2018) Interviewed by Lisa Barry for 89.1 WEMU, July 23, 2018 Available at <https://www.wemu.org/post/hidden-plain-sight-finding-relaxation-woods-guided-forest-therapy-walk>

Solberg, Beth. "*Forest Therapy- Embracing Nature, Connecting with Others*" 1 May, 2018 Crazy Wisdom Journal, www.crazywisdomjournal.com/featuredstories

Dunn, Patrick. "*Cayla Samano, Forest Therapy Guide*" March, 2019, Ann Arbor Observer https://annarborobserver.com/articles/cayla_samano

PROFESSIONAL ACTIVITIES

- *+1 Invitational Art Show*, WSJ Gallery, Ann Arbor, MI. 1/2019
- Logo design, *Kitchens by Rico*, Ann arbor, MI. 2/2019
- Logo design, *Nature Learning Community*, Dexter, MI. 10/2019
- Logo design, *Whorl Movement*, Seattle, WA. 6/2019
- Logo design, *Pachamama's*, Chelsea, MI. 3/2019
- "*Iceland*" Art Show, Cafe Verde, Ann Arbor, MI. 9/2018
- "*Art in the House*" Art Show, Ann Arbor, MI. 6/2018
- Apprentice Trainer, ANFT Training, Devon, UK 7/2019
- Assistant Trainer, ANFT Training, Oak Openings, OH 9/2018
- Assistant Trainer, ANFT Training, Kanati'i Lodge, NC 6/2018
- MAEA Conference, Grand Rapids, MI 1/2015
- NHA Conference, Grand Rapids, Mi. 6/2008

COMMUNITY ENGAGEMENT

- Leslie Science and Nature Center**, Ann Arbor, MI 5/2019
Nature Connection Presentation and Nature Immersion
- Willard Library**, Battle Creek, MI,
2/2019
Nature Connection Presentation and Nature Immersion
- Crazy Wisdom Bookstore**, Ann Arbor, MI 1/2019
Nature Connection Presentation
- Stewardship Conference**, MSU, Lansing, MI 11/2018
Nature Connection Presentation
- Permaculture Conference**, Sunward, Ann Arbor, MI 7/2018
Nature Connection Presentation and Nature Immersion
- Outdoor Educators Conference**, Port Huron, MI 10/2018
Nature Connection Presentation and Nature Immersion

AWARDS

- Recycled Art Competition**- Ann Arbor Recycle Center 9/2016
Silver Award, Drawing, Mott Community College, Flint, MI. 2002
Silver Award, 2D design, Mott Community College, Flint, MI.2003